



2021 SUMMER PROGRAMS

www.Willistonrec.org • 802-876-1160 • recreation@willistonvt.org

Below is a listing of upcoming programs for the Summer- June through August. Detailed information on each program can be found on the Recreation Website:

www.willistonrec.org

Registrations are accepted with the Rec. Dept. or directly with the company or instructor if listed. Program offerings are Virtual- Live instructor, Online, or In-Person.

VIRTUAL PROGRAMS Online Live

Guided Breathing for Healing, Empowerment & Expansion

Age 18+, June 3-July 1
Thursday Mornings, 7:00-8:00am
Thursday Afternoons, 4:00-5:00pm
\$90 Res/\$95 Non.
Instructor: Ashley Hodgetts

Get yourself organized!

Age 18+, June 7-28
Mondays, 6:00-7:00pm
\$60 Res/\$65 Non
Instructor: Gillian Franks

Strength Training

Age 50+, Tuesdays & Thursdays
10:30-11:30am
Free to Seniors.
Instructor: Toni Kunker

Yoga- Gentle/Seated

Age 50+, Fridays, 10:30-11:30am
Free to Seniors.
Instructor: Toni Kunker

Ukulele Clinics

Age 18+, Online Live with Clare Innes
To register email instructor-
ukuleleclare@gmail.com
Let the instructor know you saw the offering with Williston Recreation

Chess Programs

Age 6-12, Online Live with Chess Wizards
Thursdays- June 3-July 22,
2:00-3:00pm
Tuesdays, July 6-Aug 24,
10:30-11:30am
\$114 Res/\$124 Non

VIRTUAL PROGRAMS or IN-PERSON PROGRAMS

Gentle Chair Yoga

Virtual w/Live Instructor or In-Person.
(fully vaccinated if attending in person)
Age 18+
Tuesdays & Thursdays, 8:00-8:50am
S1- June 8-July 1
S2- July 6-29
\$130 Res/\$135 Non

Fitness Yoga

Virtual w/Live Instructor or In-Person.
(fully vaccinated if attending in person)
Age 18+
Wednesdays & Saturdays- Wed-
5:30-6:20pm & Sat- 9:00-9:50am
S1- June 9- July 3
S2- July 7-31
\$130 Res/\$135 Non

IN-PERSON PROGRAM

Track & Field

New this year, this week-long Track and Field Camp focuses on running, jumping, and throwing. Athletes will have the opportunity to participate in a State Virtual Meet, based on times and distances.
Ages 6-9, July 12-16, 5:30-6:30pm
Ages 10-14, July 12-16, 6:45-8:00pm
\$50 Res/\$55 Non
Instructors: Director Elise Seraus and CVU Athletes

CAMPS

R.E.C. Camp

Recreation Experiences for Children. Day Camp for children entering grades 1st-8th in the Fall 2021.

Camp Options: Full Days- 7:30a-5:30p, Mornings- 7:30am-12:30pm or Afternoons- 12:30-5:30pm.

Combine with an Enrichment Camp to make it a full day of camps or if your child is in another program/camp, combine with the REC Day Camp to make it a full day.

Check out the Camp Grid on the Rec website to plan your child's summer.

Enrichment Camps:

Spots are still available in the following camps. Register now!

- Baseball Camp
- Ultimate Frisbee Camp
- Girls Self-Defense Camp
- Vermont Futbol Academy Camp
- Chess Wizards Camp
- Knitting Camp
- Horsemanship Camps
- Arts Camps
- Minecraft Mania Camp
- Engineering Camp
- Rocketry Camp
- Lego Engineering Camp
- Wow! Science Camp

ONLINE PROGRAMS

Boaters Safety

Age 12+. The course provides the opportunity to earn the certification necessary to legally operate on Vermont's waterways. Course can be taken online at any time. <https://www.boat-ed.com/vermont/>

My Healthy VT

Want to be healthier and feel better? My Healthy VT can help. Find a free course that is right for you and take online any time. <https://myhealthyvt.org/>

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